



Twin Valley School District
Every Student. Every Day

Twin Valley Elementary Center

50 Mast Drive · Elverson, PA 19520

Mr. Craig A. Sell, Principal

Phone: 610-286-8670 · FAX: 610-286-8672 · www.tvsd.org

Welcome Parents and Guardians to Mrs. Cresswell's Classroom!

We hope you had a healthy summer. As we start our new school year, we would like to provide you with your classroom's policies regarding food. Life-threatening food allergies are on the rise. We take this very seriously here at TVEC. We have students in your child's classroom with food allergies. While the room does not need to be allergen-free, we will be using the following standards to keep all of our children safe and healthy if you choose to celebrate your child's birthday:

- **There will be NO sharing of birthday food items.** This means no cupcakes/cookies/sweets, etc. We encourage you to celebrate your child's special day by sharing pencils, erasers, party bags, etc. Another suggestion from our Librarian, Mrs. Klemmer, is buying a book for the library in honor of your child. Our Parent Organization (PIE) will add a name plate inside the book displaying your child's name. There are many other creative alternatives.

Please contact myself or Mr. Sell, Principal, with any questions or concerns. Thank you for your help and cooperation!

Alicia Williams RN, BSN, CSN

TVEC School Nurse

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TVSD Wellness- Snacks

Snacks

Snacks are to be simple healthy choices that can be enjoyed while working; therefore, students are encouraged to bring a healthy snack to school each day. Snacks are meant to be "fuel" for our brains while we work.

- Confirm with your child's teacher as to whether they are a nut-free classroom.
- Please refrain from sending sugary snacks as well as those that require utensils.
- Students may enjoy one (1) healthy snack (candy is not permitted as a snack).
- Fruits and vegetables make a great snack.
- Students may also bring a bottle with a tight fitting lid filled with water. No other liquids, please.
- Students should refrain from bringing yogurt tubes.
- Check with your child's teacher to confirm when your child will be allowed to eat their snack.

**For more information, please refer to the TVSD Wellness Policy*