

## **Twin Valley Elementary Center**

50 Mast Drive · Elverson, PA 19520

Mr. Craig A. Sell, Principal

Phone: 610-286-8670 · FAX: 610-286-8672 · www.tvsd.org

2017-2018 School Year

Dear Parents/Guardians,

Thank you very much for your support and cooperation keeping our students with life threatening allergies safe during classroom snack, birthday celebrations, and seasonal parties.

Here are a few reminders:

- There will be NO sharing of birthday food items. This means no cupcakes/cookies/sweets, etc. We encourage you to celebrate your child's special day by sharing pencils, erasers, party bags, etc. Another suggestion from our Librarian, Mrs. Klemmer, is buying a book for the library in honor of your child. Our Parent Organization (PIE) will add a name plate inside the book displaying your child's name. There are many other creative alternatives.
- Below you will find an approved list of snacks that are allergen free to help keep our students with life threatening allergies safe in the classroom. Your child's snack MUST be from this list and in its original packaging. If the snack from home is not on the approved list, the snack will not be able to be sent home uneaten and we will provide your child with an option of a safe snack here at school. You may send in a large bulk bag of the snack item on the list that can be stored in the classroom, please label your child's name on the bag and the teacher will distribute daily.
- Please remember to pack your child's snack separately from their lunch box. Please note, your child can pack any food items for their lunch as our cafeteria has an allergen-safe table.

\*This policy only applies to snack time in the classroom.

Please reach out to myself or Mr. Sell at 610-286-8670 or <a href="mailto:csell@tvsd.org">csell@tvsd.org</a> with any further questions/concerns. We appreciate your assistance keeping our students safe at TVEC.

Thank you,

Alicia Williams RN, BSN, CSN TVEC School Nurse 610-286-8670 alwilliams@tvsd.org

## Allergen-free Classroom Safe Snack List 2017-2018

- Fresh Veggies (for example cucumbers, carrots, celery, peppers)
- Fruit: Apples, Grapes, Strawberries, Raspberries, Blueberries ONLY
- Skinny Pop Popcorn- sea salt
- Utz Pretzels- plain/salted/or gluten-free (no flavors)
- Snyder's of Hanover Pretzels- plain/salted (no flavors)
- Sensible Portions Garden Veggie Straws- sea salt
- Musselman's Applesauce Cups
- Utz Potato Chips- plain/ripple (no flavors)
- Wise Potato Chips- original/kettle/ridges (no flavors)
- Tostitos Tortilla Chips-plain (no flavors)
- Utz Tortilla Chips- no flavors
- Annie's Organic Bunny Fruit Snacks

## \*Absolutely NO sharing of food between students.\*

Please keep in mind if you are sending in veggies or the specific fruits listed, that they have been prepared in a clean environment without risk of cross contamination.

## \*Read Label Every Time!\*

Food must be in its original packaging. You may send in a bulk bag of a snack item with your child's name labeled on the bag and the teacher will distribute from that bag daily.

Please call or email Mrs. Williams in the TVEC health office with any questions. 610-286-8670 or alwilliams@tvsd.org